The Brooklyn Hospital Center
AUTUMN 2026

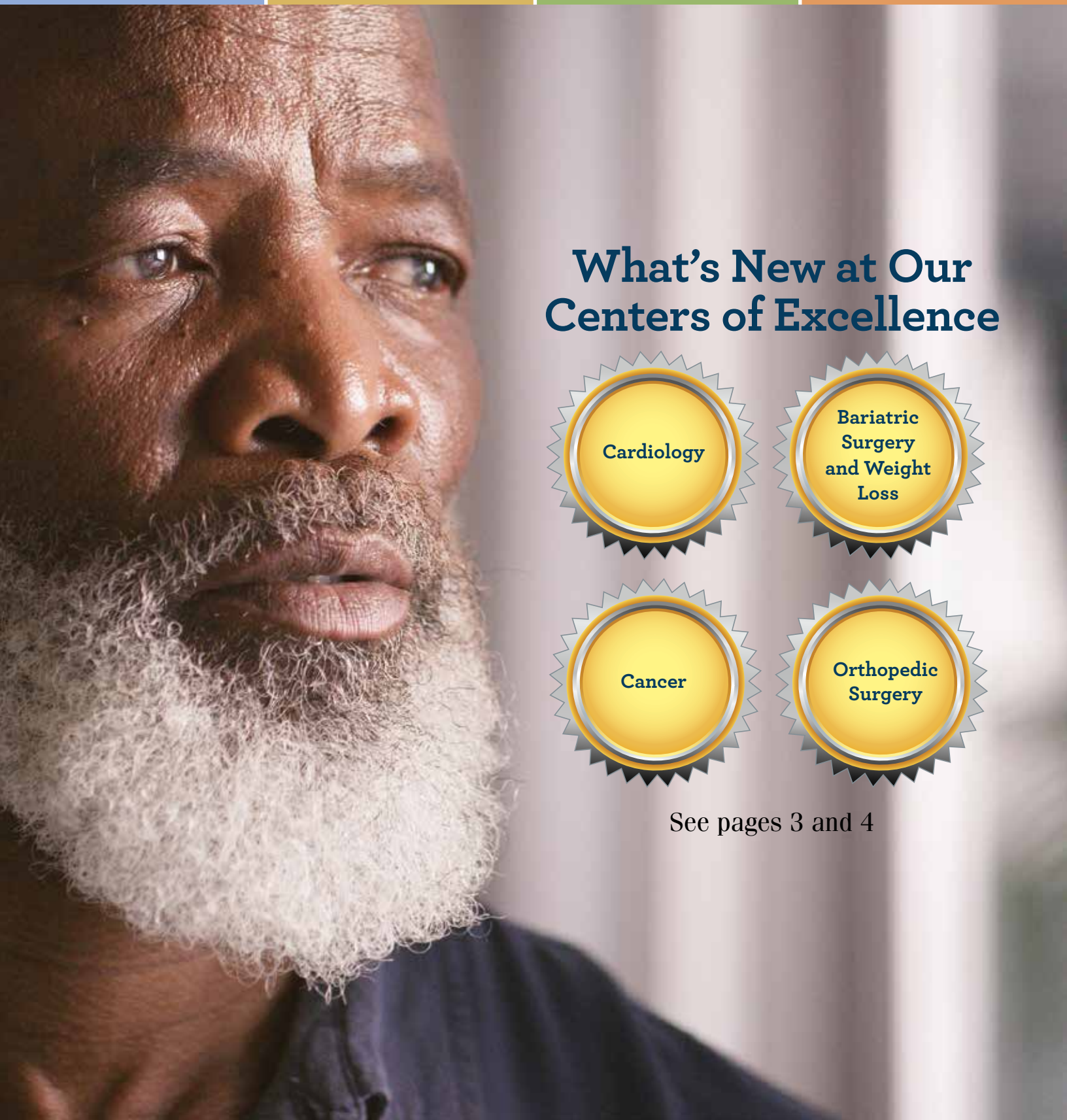
Keeping Brooklyn Healthy

Cardiology: Coming soon – A second cath lab

Orthopedics: New technology boosts joint replacement

Bariatric Surgery: Options for best outcomes

Cancer Care: inpatient unit seals a care partnership



What's New at Our Centers of Excellence

- Cardiology
- Bariatric Surgery and Weight Loss
- Cancer
- Orthopedic Surgery

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Gary G. Terrinoni

MESSAGE FROM TBHC'S PRESIDENT

Adrina Banks-Martin, New Chair of the Board of Trustees

TBHC is proud to announce the appointment of Adrina Banks-Martin as Chair of the Board of Trustees, effective immediately. Ms. Banks-Martin steps into this role following her tenure on both the Board of Trustees and the Community Advisory Board (CAB).

"The energy on our board is all about: How do we make this the best hospital for the community? This priority gives you a solid foundation to work from," Ms. Banks-Martin says.

Ms. Banks-Martin's election reflects the board's broader, ongoing mission to prioritize building a board that more closely resembles TBHC and our culturally rich community. This mission was spearheaded by her predecessor, Lizanne Fontaine. "Lizanne has changed the face of the board," Ms. Banks-Martin says (see photo below). "There has been a huge shift in demographics over these past 10 years. We now have people who have grown up in the neighborhood, as well as board members who are new to the community. These additions have made for a more diverse board, while also including individuals who have served the community for a long time."

Ms. Fontaine, who has served on the board since 2002 and as chair since 2018, is delighted with her successor. "Adrina lives in the neighborhood and brings a wealth of experience to this role. She sat on the CAB, chaired the board's Quality and Patient Safety Committee and was involved with many other committees. It is no wonder the Governance Committee recommended her to the full board, who approved her appointment unanimously."



Adrina Banks-Martin

Ms. Banks-Martin has a full grasp of both the pride and challenges that come with being a community hospital in a city full of corporate-funded entities. "Our clinicians, staff and administrative teams leverage relationships and do a yeoman's job of making sure that we provide cutting-edge care in a time of scarce resources."

It's that resourcefulness that draws both women, along with the rest of the board, to continue fighting for and representing TBHC. "The mission is very resonant with our neighbors," Ms. Fontaine says. "In a world that's increasingly systematized, it's nice to get behind something that is there for the community."

Adds Ms. Banks-Martin, "People enjoy and want to serve their community. It's probably the most important part of our independence."

Ms. Banks-Martin and Ms. Fontaine know a thing or two about affecting change. They initially met as undergraduates at Dartmouth College, part of only the second graduating class of women in the college's history. Years later, it's TBHC that brought the two friends back together, ushering in a new vision of what the board and the hospital can accomplish.



What's New at Our Centers of Excellence

Cardiology, Bariatric Surgery, Cancer Care and Orthopedics: Offering you quality care

BARIATRIC SURGERY: Emphasis on best options for best outcomes

The Weight Loss Center at TBHC helps patients understand their options so they can make the best choices.

"The world is changing," says Peter Einersen, MD, Chief of Bariatric Surgery and Director of Robotic Surgery (shown below). "We are hiring surgeons with expertise in different cultural competencies and we'll be working closely with TBHC's new Diabetes and Obesity Center to offer options for patients," he says.

On average, patients lose 50 to 70 percent of their excess body weight at one year from surgery. When bariatric surgery is deemed the best choice for a patient, the program centers on:

• *Minimally invasive surgery:* All weight loss procedures at TBHC are performed using minimally invasive techniques by board certified surgeons who have completed thousands of successful procedures. The procedures offered include laparoscopic Roux-en-Y gastric bypass and laparoscopic sleeve gastrectomy.

• *Established excellence:* The Weight Loss Center has been accredited as a Comprehensive Center under the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP®), a joint program of the American College of Surgeons and the American Society for Metabolic and Bariatric Surgery.

• *Customized plans and support:* The center's staff, including nutritionists who offer classes, education and resources, guide patients each step of the way.

For more info or to make an appointment, visit **tbh.org/BrooklynBariatrics**.



CANCER CARE: A new inpatient unit seals the link between TBHC and TBCC



A few years ago, TBHC partnered with New York Cancer & Blood Specialists to create The Brooklyn Cancer Center (TBCC). With a new facility located a short walk from TBHC, patients no longer have to travel out of the borough for excellent cancer care.

"We continue to grow," says Maxim Shulimovich, MD, Chief of Hematology/Oncology and of The Brooklyn Cancer Center (shown above). "Recently, we opened a dedicated inpatient unit at TBHC, which closes the loop of our partnership."

The Brooklyn Cancer Center patients seamlessly cross over the continuum between the two partners. For instance:

• *Screenings:* Mammograms are offered at TBHC, usually referred by the hospital's primary care physicians. When cancer is diagnosed, referrals are made to TBCC.

• *Surgeries:* Oncology surgeries are performed at the hospital by TBHC surgeons. If hospital stays are warranted, patients are admitted to the dedicated oncology unit.

• *Oncology:* All cancer patients are followed by oncologists. If chemotherapy or immunotherapy is indicated, those are delivered at The Brooklyn Cancer Center.

• *Radiation oncology:* Many cancer patients also undergo radiation, which is administered by a radiation oncologist at the hospital.

• *Brooklyn Imaging:* Located at 218 Myrtle Avenue, this site offers imaging such as PET scans, which help oncologists better determine cancer staging.

• *Access to cutting-edge care:* Patients have access to clinical research trials.

For more info or to make an appointment, visit **BrooklynCancer.com**.

CARDIOLOGY: A second cardiac cath lab will join an already-robust program

"The Brooklyn Heart Center has grown to provide a broad range of comprehensive cardiac services," says Sarath Reddy, MD, Chief of Cardiology (shown below). "We're still growing; we're looking forward to a second cardiac cath lab next year, which will allow us to do more advanced electrophysiology studies and ablations, and we would like to open a cardiac intensive care unit."

In the meantime, the program currently offers:

• *Emergency care for heart attacks:* Having a community hospital nearby that can implant stents is crucial. Speed is of the essence when it comes to heart attacks. TBHC's "door-to-balloon" regularly bests New York State averages.

• *Cardiac cath lab:* Under a collaborative partnership with Mount Sinai Fuster Heart Hospital, TBHC offers the intervention whereby stents are placed, as well as various diagnostic procedures.

• *Outpatient cardiology:* TBHC provides outpatient cardiology care at all our ambulatory locations, as well as diagnostic tests at the main hospital, such as echocardiography and nuclear stress tests. Cardiac rehabilitation is relatively new to the program, as is a Congestive Heart Failure Clinic.

• *Cardiac telemetry (8B):* A 34-bed telemetry inpatient unit with dedicated cardiology nurses provides a monitored environment for those cardiac patients requiring hospitalization.

For more info, visit **tbh.org/BrooklynCardiology**.



ORTHOPEDICS: From joint replacement to sports medicine



The Division of Orthopedic Surgery & Sports Medicine keeps up with cutting-edge technology, and 2027 promises even more advances. "We already use robotic technologies such as Intellijoint," says Joseph Fetto, MD, Chief of Orthopedic Surgery (shown above). "I am looking forward to bringing in more robotic tools, which will assure even better outcomes than our already-excellent results." Other future developments include working with physicians internationally to combine polymer technologies with American hip designs to result in what might be a hip replacement that lasts a lifetime.

These advances join a solid program that offers:

• *Joint replacement:* Surgical expertise, pioneering clinical and basic research, and the latest devices and technology combine to deliver quality total joint replacements of the hip, knee and shoulder.

• *Advanced reconstructive surgery and minimally invasive arthroscopic procedures:* For the foot, ankle, knee, spine, hand, elbow, wrist and shoulder.

• *Injury and chronic care:* A range of approaches for injuries, trauma, joint instability, arthritis, bursitis, tendonitis, strains, tears, sprains and fractures.

• *Pain management and rehabilitation:* Patients have access to coordinated pain interventions and ongoing physical and occupational therapies.

• *Sports medicine:* Physicians in sports medicine work with Family Medicine to provide non-surgical care.

For more info or to make an appointment, visit **tbh.org/BrooklynOrthopedics**.

Out & About: TBHC in the Community

We spend time with our community in many ways, including inviting them to us for special events, as well as going out to various community gatherings. Our Community Affairs Department runs an active health fair and speakers' bureau service, where we send TBHC staff to give lectures to your group, do screenings such as for blood pressure, or provide other health education and information. If you would like TBHC to participate in your community event, please visit **tbh.org/CommunityAffairs**.



Clergy from many different faiths and houses of worship, along with law enforcement, elected officials, hospital leaders and other community leaders, gathered for our inaugural **Clergy Breakfast**. Keynote speaker, Founding Pastor of Christian Cultural Center and NYPD Chaplain Dr. Rev. A.R. Bernard, was the highlight of a meaningful morning spent connecting over our shared goals to improve the lives of Brooklynites.







We celebrated **National Night Out** with law enforement and community partnerships. Special thanks to the NYPD 88th Precinct and 88th Community Council for hosting all the fun activities and facilitating the community partner tables that gave out resources to our neighbors. We also provided information and screened our neighbors for blood pressure, including Brooklyn District Attorney Eric Gonzalez.

We continued our end-of-summer tradition of providing backpacks and school supplies through our **Ed Becote Back-to-School Drive**. This initiative began in 2018 by the TBHC Patient Transport Team and was championed by our late colleague, Ed Becote, who was one of the drive's biggest advocates. Upon his passing in 2020, we made it an annual effort in his memory.



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Out & About in the Community

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Happy 104th Birthday!



In 1922, Warren G. Harding was president, the most popular film of the year was the silent movie version of *Robin Hood* starring Douglas Fairbanks, and F. Scott Fitzgerald declared that the Jazz Age was born. Patient Samalia Cannon was also born, and that means she just celebrated her 104th birthday this summer!

Ms. Cannon's long life has seen a move from Virginia to Brooklyn as a young mother and wife, a career at an electronics manufacturer, and 11 children, 19 grandchildren and 21 great-grandchildren.

Today, she lives with her son and grandson in the same house she and her late husband Walter bought in 1959. A frequent companion to her doctor visits is 82-year-old daughter, Barbara, who also joined us at a recent birthday celebration during September's Healthy Aging month. Shown here, Ms. Cannon (sitting), her daughter (far left), and Family Medicine staff.

Asked for secrets to her longevity, Ms. Cannon simply advises, "Enjoy your life!"



Travel Vaccines

We are now offering our community a full range of travel vaccines. From Chikungunya to Yellow Fever, we can provide vaccines for any destination and will work with your insurance or offer reasonably priced vaccines for those immunizations not covered. To learn more or to make an appointment, visit **tbh.org/vaccines**—and, remember to get your flu shot!