



The Brooklyn
Hospital Center
Keeping Brooklyn Healthy

CMO UPDATE

A PUBLICATION FOR TBHC PHYSICIANS AND COMMUNITY PARTNERS

AUTUMN 2024

From the Chief Medical Officer JOIN ME IN WELCOMING:



Sam Amifar, MD, MS

Leili Shahgholi, MD, Pain Management Physician. I am very excited to be able to offer pain management services for inpatient and outpatient areas, as well as procedures to help alleviate pain in coordination with Orthopedics, Neuro-

surgery, and Physical Medicine & Rehabilitation.

Dr. Shahgholi earned her medical degree from Esfahan University of Medical Sciences and completed her physical medicine and rehabilitation residency at Beheshti University of Medical Sciences, both in Iran. She completed her physical medicine and rehabilitation residency at Burke Rehabilitation Hospital/Montefiore.



She also pursued several fellowships:

in clinical movement disorder at the University of Florida in Gainesville, in clinical neuro-oncology at Oregon Health and Sciences University in Portland, in geriatrics at Montefiore, in interventional pain management fellowship at Johns Hopkins in Baltimore.

Dr. Shahgholi sees patients at the Physicians Pavilion, 11th floor. She performs procedures at the main hospital and will provide inpatient consults. To make an appointment or referral, visit tbh.org or call 1.TBHC.NOW (1.833.824.2669). She also can be contacted directly at 718.594.9005 or at lshahgholi@tbh.org.

Peter Einersen, MD, Bariatric Surgeon. Dr. Einersen completed his medical education at Columbia University's College of Physicians and Surgeons, where he was in the Gold Humanism Honor Society a distinction given to physicians who show exceptional commitment to patient care and humanism in medicine. He finished his residency at the University of Colorado-Denver,



where he not only excelled clinically but also earned multiple awards for his research in clinical science, particularly in the field of trauma surgery.

Dr. Einersen completed his fellowship at Mount Sinai Hospital. His work there, especially within the

Mount Sinai Innovation Partners Entrepreneurship Fellowship, demonstrated his commitment to integrating cutting-edge technologies and techniques into clinical practice. Prior to TBHC, Dr. Einersen served as Assistant Clinical Professor at NYU School of Medicine and the VA NY Harbor Healthcare, where he was deeply involved in both patient care and surgical innovation. His research has made impacts on the understanding of trauma-induced coagulopathy. I look forward to the innovations he will drive in our surgical practices.

Dr. Einersen sees patients at the Physicians Pavilion, 11th floor. To make an appointment or referral, visit tbh.org/brooklynbariatrics or call 1.855.FIT.TBHC (1.855.348.8242). He also can be contacted directly at 718.250.6374 or at peinersen@tbh.org.

Focus On: Interventional Radiology

Our Vascular and Interventional Radiology team uses X-rays and other diagnostic images to guide catheters and tiny instruments through blood vessels or skin to the site of illness. These nonsurgical treatments often result in less pain, less time in recovery and less scarring (if any). Most interventional radiology procedures require only light intravenous sedation and patients usually go home the same day.

Sumeet Bahl, MD, and Brett Welke, MD (shown below), TBHC's interventional radiologists, treat the following:



Women's health

- Uterine fibroid embolization
- Gonadal vein embolization for pelvic congestion
- Hysterosalpingography for infertility

Men's health

- Prostate artery embolization for enlarged prostate
- Gonadal vein embolization for varicocele

Interventional oncology (cancer diagnosis and treatment)

- Port placement for chemotherapy
- Biopsy
- Tunneled pleural and peritoneal catheters for malignant ascites

Visceral and renal angiography

- Splenic artery embolization for enlarged spleen
- Renal artery angioplasty for hypertension

Venous disease

- IVC filter placement and retrieval
- Venous stent placement
- Catheter-directed venous and pulmonary thrombectomy

Dialysis intervention

- AV fistulogram

Pain management

- Joint injection (hip, shoulder, knee, epidural and other)

Venous catheter placement


- Peripherally inserted central catheter (PICC) for infusions
- Tunneled hemodialysis catheter

Urinary intervention

- Nephrostomy tube placement

Call 718.250.6056 to make an appointment or referral, or visit tbh.org/BrooklynRadiology for more information on Interventional Radiology and other imaging services.

Link In with TBHC at LinkedIn (and elsewhere, too)!

We are pleased to announce that The Brooklyn Hospital Center is up and running on LinkedIn! Follow us there for news, announcements and other information.  [The Brooklyn Hospital Center](https://www.linkedin.com/company/the-brooklyn-hospital-center)

You can also follow us on all the popular social media platforms!



Welcome!

FAMILY MEDICINE



**Abellard Louis-Jeune,
FNP-BC**
Family Nurse Practitioner

GASTROENTEROLOGY



Jamil M. Shah, MD
Attending
(advanced endoscopy)

PEDIATRICS



Shruti Dubey, MD
Attending

PODIATRY



**Mohammed
Farhan, DPM**
Attending

INTERNAL MEDICINE



Ruma Sanyal, MD
Attending



**Madeleine
Hindenlang, MD**
Attending

Hey TBHC, Get Your Seasonal Vaccines!

Every TBHC staffer must get their flu shot. If you cannot get vaccinated for medical reasons or refuse the shot for any other reason, you will have to remain masked once flu season is officially declared by New York State (usually some time in December). The best time to get vaccinated for your own protection is in the autumn.

This season is also an ideal time to get the Covid 2024-2025 vaccine, which can be given with the flu shot. While Covid has proven to be a year-round virus, we know that the peak season is from Thanksgiving through mid-January. As such, the best protection is provided by getting vaccinated for Covid in November. However, if you are traveling or might be attending other large events, you may want to take that into consideration. Dr. Robert DiGregorio, Chief Pharmacotherapy Officer, is happy to have a decision-making conversation with you about the timing of the Covid and/or influenza vaccine. Call him at x8182.

If you are opting to just get the required influenza shot, you can get it at Employee Health Services (see hours on graphic). There will also be “clinics” where you can get your shots in the Cafeteria further into the season. Keep your eye out for those upcoming dates.

If you opt to get the flu shot with Covid or another vaccine (like RSV or Mpox), make an appointment with the Vaccine Center at tbh.org/vaccines.

**TACKLE
the
FLU**

**STAY STRONG,
STAY HEALTHY
#FIGHTFLU**

**GET YOUR FLU SHOT at the
EMPLOYEE HEALTH OFFICE**

Monday & Friday: **8am to 4pm**
Tuesday, Wednesday & Thursday: **9am to 5pm**
Closed between **12 noon to 1pm daily**

If you are getting another vaccine, along with flu (like Covid or RSV),
make an appointment at tbh.org/vaccines



ONE FAMILY'S EXPERIENCE

OB/GYN (and Pediatric) Care, right in the neighborhood

Kelvin is our first child and my wife wanted to deliver at a hospital close to home. I did some research and discovered that TBHC (which was right across from our home), had all the modern equipment

and quality care with private maternity rooms. After hearing recommendations from trusted family and friends, we went with TBHC to deliver our baby and it proved to be the right choice.

Our experience at TBHC for the delivery was nothing short of exceptional. The entire team provided exemplary care, demonstrating expertise and a genuine concern for us. I really appreciated everyone's friendly demeanor and the time they took to address all of our concerns, even the admittedly silly ones. The entire process felt personalized and supportive.

I would confidently choose TBHC again as my family continues to grow. In fact, we now bring Kelvin to the Pediatrics Department, and are as equally happy with that care!

—William Mandeville (shown here with his wife, Evelina, and Kelvin)

ONE PATIENT'S EXPERIENCE

Healing Fast With Robotic Hernia Surgery

My experience with hernia surgery at TBHC was truly outstanding. From the moment I received the initial diagnosis to the follow-up care after surgery, I felt supported and cared for every step of the way.

When I first learned about my hernias, my urologist suggested surgery, considering my active lifestyle as a photographer. After discussing my options and seeking advice from a friend who knew the hospital well, I decided to go with TBHC's robotic surgery, because the recovery would be faster and with less chance of complications.

Leading up to the surgery, I was understandably nervous. However, the hospital staff alleviated my fears. They provided clear explanations and made sure I felt comfortable throughout the entire process. On



the day of the surgery, everything went smoothly, and Dr. Luca Milone skillfully repaired four hernias—one in my navel and three in my groin.

The post-operative care was just as remarkable. My wife accompanied me and she was impressed by the kindness and helpfulness of the staff.

Now, six weeks later, I feel like my old self again. I've been diligently following Dr. Milone's recommendations for core exercises and taking extra precautions to prevent any future issues. I can't thank him enough for his expertise and compassion throughout this journey. He truly is a brilliant and trustworthy surgeon.

—Rick Schwab (shown here with Lucca Milone, MD, Director of Robotic Surgery)


UPDATE

121 DeKalb Avenue
Brooklyn, NY 11201
718.250.8000

A publication of The Brooklyn Hospital Center
Marketing and Communications Department.

If you have an idea for an article or feedback on this newsletter, please contact Kim Flodin at x8271 or kflodin@tbh.org.

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