

The Weight Loss Center at TBHC

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FIND US ON FACEBOOK. WWW.FACEBOOK.COM/BKLOSESWEIGHT



BY SUBWAY

B, Q, R to DeKalb Ave.
2, 3, 4, 5 to Nevins St.
C to Lafayette Ave. (A train, 10:30 pm - 6 am)
G to Fulton St./Lafayette Ave.

BY BUS

B25, B26, B52 to Fulton St./Ashland Pl.
B37 to Fulton St./Flatbush Ave. Extension
B38 (eastbound) to Fulton St./Lafayette Ave.

B38 (westbound) to DeKalb Ave./Ashland Pl.

B41 to Livingston St./Flatbush Ave. Extension.

B54 to Myrtle Ave./Ashland Pl.

BY LONG ISLAND RAILROAD (LIRR)

LIRR to Atlantic Avenue Terminal.

About The Brooklyn Hospital Center

Since 1845, The Brooklyn Hospital Center has been dedicated to providing outstanding health services, education, and research to keep the people of Brooklyn and greater New York healthy. TBHC's focus is ensuring optimal patient care through the use of advanced technology, innovative medical and surgical treatments, and staff expertise. Located in the heart of Downtown Brooklyn, TBHC is a clinical affiliate of The Mount Sinai Hospital and an academic affiliate of The Icahn School of Medicine at Mount Sinai. As Brooklyn's first hospital, TBHC is proud to be a part of this incredibly diverse community and is committed to *Keeping Brooklyn Healthy*.



The Brooklyn Hospital Center

Keeping Brooklyn Healthy



BROOKLYN, LOSE WEIGHT!

EXCELLENCE IN BARIATRIC SURGERY WHERE YOU NEED IT



EXCELLENT BARIATRIC SURGERY AND WEIGHT LOSS SUPPORT, RIGHT HERE IN BROOKLYN

Different people have different weight loss needs. For many, dietary and lifestyle management is enough, but for others, weight loss surgery (bariatric surgery) offers the best chance for long-term success. The Weight Loss Center at TBHC will help you understand your options so you can make choices that work for you. You never go it alone—we'll guide you each step of the way.



If bariatric surgery is indicated, you can feel confident knowing that all weight loss procedures at TBHC are performed using minimally invasive techniques by board certified surgeons who have completed thousands of successful weight loss

procedures. In fact, the Weight Loss Center was recently named a Comprehensive Center by the American College of Surgeons Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP), in partnership with the American Society for Metabolic and Bariatric Surgery.

A MBSAQIP accreditation formally acknowledges TBHC's commitment to providing and supporting quality improvement and patient safety efforts for metabolic and bariatric surgery patients. As an accredited program the Weight Loss Center has demonstrated that our center meets the needs of patients by providing multidisciplinary, high-quality, patient-centered care. This comprehensive approach to weight loss furthers TBHC's mission of *Keeping Brooklyn Healthy*.

THE TBHC WEIGHT LOSS PROGRAM INCLUDES:

- A comprehensive six-month, presurgical education plan
- In-person support groups
- Online support
- Nutritional counseling
- Access to full time Registered Dietitians

BARIATRIC SURGERY

This surgery helps limit eating by giving patients a feeling of fullness after eating very little food. On average, patients lose 50 to 70 percent of their excess body weight at one year from bariatric surgery. The minimally invasive procedures offered at TBHC include laparoscopic Roux-en-Y gastric bypass and laparoscopic sleeve gastrectomy. Your surgeon will help you determine which procedure is right for you.



For more info or to make an appointment, please call 718.250.8920 or email bariatric@tbh.org.