

# Keeping Brooklyn Healthy

A YOUNG  
PHILANTHROPIST



COMMUNITY  
OUTREACH UPDATE



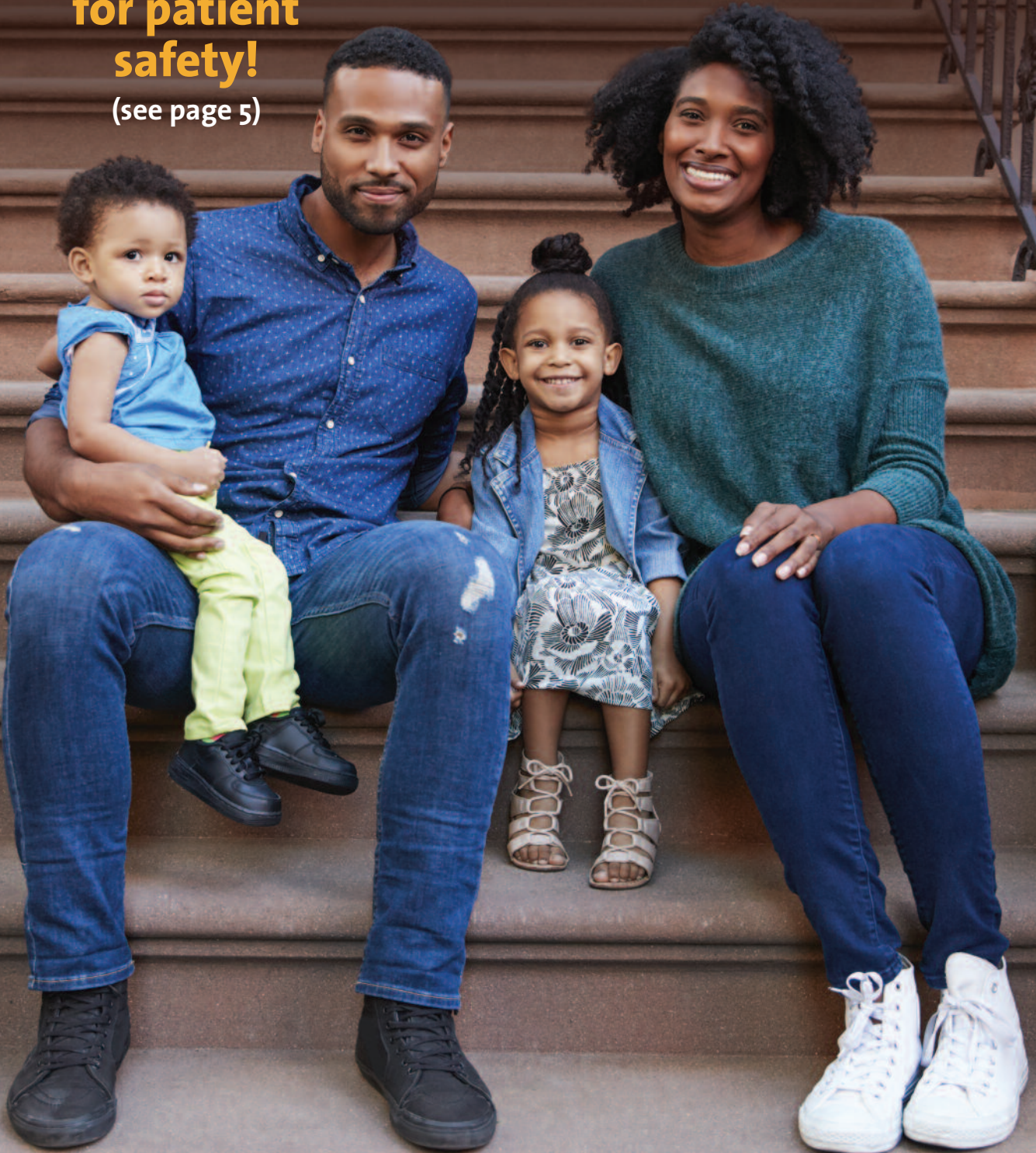
AN ORTHOPAEDIC  
PATIENT'S STORY



TAKE ANOTHER  
LOOK AT TBHC!



**Best in Brooklyn  
for patient  
safety!**  
(see page 5)



## MESSAGE FROM OUR HOSPITAL'S PRESIDENT & CEO



I am so very proud to announce that **this spring, The Brooklyn Hospital Center received the highest grade of all Brooklyn hospitals** for our commitment to keeping patients

safe as measured by the Leapfrog Hospital Safety Grade. In fact, no other hospital in New York City received a B, and only one received an A. The Leapfrog Group, a national nonprofit healthcare ratings organization, grades approximately 2,500 hospitals across the country on how well they keep patients safe from harm.

Developed under the guidance of a Blue Ribbon National Expert Panel, the Leapfrog Hospital Safety Grade uses multiple measures of publicly available hospital safety data to assign A, B, C, D and F grades to hospitals twice per year. It is calculated by top patient safety experts, peer reviewed, fully transparent and free to the public.

Through hard work and careful focus on quality, we have received this excellent grade. TBHC has invested millions of dollars over the last few years to hire top doctors and specialists who have created new approaches to care and a better quality and safer environment for patients.

The hard work has been a group effort. This grade is a testament to the outstanding effort made by all the clinical, nursing and ancillary teams throughout the hospital. On page 5, you'll read a more in-depth story of what this all means for you and your family. These efforts are all important pieces of a larger long-term transformation plan for TBHC as we prepare ourselves for the next 175 years of serving our Brooklyn community.

As you can see, The Brooklyn Hospital Center is committed to even higher levels of excellence as we continue with our mission: *Keeping Brooklyn Healthy*. Take another look at TBHC!

  
Gary G. Terrinoni



## A YOUNG GIRL GIVES HATS TO TBHC CANCER PATIENTS

**Skye Workman reminds us of the power of one person's good efforts.**

Beanies, baseball caps, berets—the hats that 12-year-old Skye Workman gathers represent a dazzling assortment of how one can cover a head for protection, self-esteem and love.

Skye, a Brooklyn 7th grader at Saint Bernard Catholic Academy, knew a patient who lost hair from cancer treatments. "That really felt hard," she said. As someone who enjoys a fashionable beanie, Skye thought about how wearing a hat would make the difficulty of hair loss a little easier. Skye transformed her musings into action. She started a nonprofit foundation called Skye's the Limit when she was only 9 years old and asked friends and family if they could donate hats for cancer patients.

The hats flooded in. TBHC was a recent beneficiary of a batch of 150 hats. "My mom mentioned The Brooklyn Hospital Center as a good choice for the donations," Skye says. TBHC takes care of cancer patients of all ages and the hospital was delighted to receive such a generous and heartfelt gift. When Skye dropped off the hats, she met leadership and took a tour of the hospital. *(Pictured above in the pediatric playroom, Skye Workman with Aziza Sedrak-Ghaly, MD, TBHC Pediatric Hematologist/Oncologist, and Gary G. Terrinoni, President and CEO of TBHC.)*

Since she began the foundation, Skye has witnessed an aunt and a friend's older sister battle cancer. With them in mind, she continues her efforts. "Watching my friend's 14-year-old sister lose her hair makes it even more real," she says.

Skye intends to keep up the foundation throughout high school. After that she plans to pursue college and become a lawyer. She explains her career choice: "I like helping people."

To donate to Skye's the Limit, please contact Skye's mom at [WorkmanClaudette@yahoo.com](mailto:WorkmanClaudette@yahoo.com).



# GOOD NEIGHBORS

## WORKING TOGETHER WITH OUR COMMUNITY

**TBHC is doing more outreach than ever, working with the 88th Precinct, community leaders, elected officials and senior centers to further our mission: *Keeping Brooklyn Healthy*.**

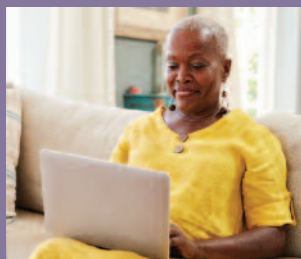
This spring, TBHC hosted a breakfast for worship leaders, which kicked off a major health collaboration working with local clergy and the Borough President's Office. We are also working with seniors at Raices Times Plaza Senior Center, Fort Greene Senior Center, Grace Agard Neighborhood Senior Center, Wyckoff Garden Neighborhood Senior Center and Ingersoll Housing. Shown here: 1) The Easter bunny and the 88th Police Precinct paid a visit to our youngest patients. 2) We gathered on April 17, at the hospital for our annual Community Advisory Board meeting. Pictured: Bernard Drayton, TBHC Trustee; Mavis Yon, CAB member; Habib Joudeh,

CAB member; Amanda Geneste-Archer, CAB member; Fulvia Fobes, CAB member; John Gupta, TBHC's Chief Strategy Officer; Eric Adams, Brooklyn Borough President; Gary G. Terrinoni, TBHC's President & CEO; Lauri Cumbo, NYC Council Majority Leader; Dr. Kim Best, CAB Chair; Dr. Loretta Patton-Greenidge, CAB Vice Chair; Adriana Banks Martin, CAB member. 3) Ricardo A. Alonso, MD, Family Medicine Resident, speaks about diabetes at Raices Senior Center.

**If you are interested in TBHC coming to your health event to provide screenings or lectures, please email [gcaputohansen@tbh.org](mailto:gcaputohansen@tbh.org).**

## INTRODUCING TBHC'S NEW ELECTRONIC MEDICAL RECORD!

**We are launching the system this summer, starting with our ambulatory sites. Eventually Epic will expand throughout the entire hospital operations.**



Epic is recognized as the premier electronic medical record. You're going to love the Internet-age ease of doing business like you do in other industries. For instance, you'll be able to:

- Schedule and confirm appointments online.
- Fill out health forms at your convenience.
- See your test results on your cell phone, tablet or home computer.
- Text questions to your care team at the time and place of your choice.
- Send referral information to another physician at a click of a button.
- Receive easy-to-read discharge instructions and bills

Epic has very powerful tools to help us continue to improve both patient care and patient experience. Epic's best-of-class clinical decision supports our clinicians and its in-built efficiencies will mean less waiting room time for you. Plus, you'll rest easy knowing that your complete medical record does not need to be repeated and is available to all our providers who need it.

If you're a TBHC ambulatory patient, you'll receive information in August via email or at your next appointment about how to sign up for Epic's patient portal, My Chart at Brooklyn Health. Once you are registered, you'll have all the benefits of Epic at your fingertips when it comes to outpatient care. And before 2019 is over, the entire hospital, including inpatients, will be on Epic, too.



## ONE PATIENT'S EXPERIENCE

**Elspeth Macdonald: designer, teacher, writer, dancer, TBHC orthopaedic patient**

Elspeth Macdonald has been active all her life. She ran three marathons, the last one at age 50. More recently, she enjoyed cross-country distance running. When she tripped while running on a dirt road a few years back, she hurt her left knee. She was afraid of surgery, but when the pain only got worse, her acupuncturist told her, "Go to Dr. Joseph Fetto at The Brooklyn Hospital Center."

At TBHC, Ms. Macdonald found a caring, professional team committed to her best outcome, led by Dr. Fetto, Chief of Orthopaedics. From her welcome, to the nurses at her bedside, to transport, to the procedure itself, "Everyone was lovely," When it was time for rehab, her TBHC care team suggested a few physical therapists they felt would be best for her.

Just three weeks after the surgery she had feared for many years, Ms. Macdonald was back in a class taught by Dances for a Variable Population. Now, she can walk over five miles a day without constraints, and was even invited by her dance teacher to the most difficult class offered. Ms. Macdonald provides a straightforward appraisal of her experience: "I want a t-shirt that says, 'Ask me about my knee doc at The Brooklyn Hospital Center.'"

# BROOKLYN, GET MOVING!

## EXCELLENT ORTHOPAEDIC CARE AT TBHC

TBHC's orthopaedic surgeons combine surgical expertise in areas such as bone stimulation, tissue repair, total joint reconstruction and sports medicine.

### Conditions treated include:

- Arthritis
- Bursitis
- Tendonitis
- Deformities
- OCD lesions
- Strains, sprains and fractures
- Shoulder conditions, such as labral tears and rotator cuff injuries

- Knee condition, such as meniscus tears, torn ACL and other ligament tears
- Foot and ankle conditions, such as flat feet, high arches, Achilles tendonitis and tears, peroneal tendon injury (acute and chronic), and stress fractures
- Sports injuries

### Treatment options include:

- Advanced reconstructive surgery of the foot, ankle, knee and shoulder
- Total joint replacement of the hip and knee

- Minimally invasive arthroscopic surgery of the shoulder, elbow, wrist, knee and ankle
- Cartilage and tendon repair
- Inpatient and outpatient rehabilitation
- Pain management
- Pediatric and geriatric care
- Trauma surgery

**To make an appointment or for more information, contact 718.250.7700 or [tbh.org/brooklynorthopaedics](http://tbh.org/brooklynorthopaedics).**

# TAKE ANOTHER LOOK AT TBHC! GREAT DOCTORS AND SAFE, QUALITY, LOCAL CARE

**TBHC is constantly improving to deliver the best quality care possible to you. It all adds up. TBHC earned the best safety grade in Brooklyn!**

Over the past few years, new leadership at The Brooklyn Hospital Center (TBHC) made quality and safety a reinvigorated priority. A team of dedicated staff has designed a comprehensive program that resulted in a myriad of national quality recognitions and, this spring, the best Leapfrog Hospital Safety-Grade of all hospitals in Brooklyn (*for more on Leapfrog, see President's Message, page 2*).

What does this achievement, along with other new innovations at TBHC mean for you and your family?

## **You are being cared for in a safe, quality environment.**

Several hospital-wide initiatives and implementation of many patient-safety best practices have resulted in significant reductions in infections and hospital-acquired conditions. In fact, 2017 was the best year at TBHC with the lowest levels of hospital-acquired infections. 2018 is shaping up to be as good and probably better!

## **Your care is delivered by expert, experienced doctors.**

The hospital has recruited top physicians to join our bench of already-established and often-beloved physicians. New doctors come with new ideas, and innovations have been introduced (such as the Critical Care Center, which assures that the sickest patients

are being cared for by the most experienced physicians), the latest surgical advances are being offered, and babies and their parents are enjoying more intimate and family-friendly maternity experiences.

## **You have access to the top technology, right here in Brooklyn.**

It's no secret that many Brooklynites feel they have to cross a bridge to Manhattan to get state-of-the-art care. Not true! For instance, TBHC has acquired the latest version of the da Vinci robot allowing surgeons to perform cutting-edge, minimally invasive procedures. Heart patients have access to sophisticated cardiac catheterization procedures thanks to a recent clinical collaboration with Mount Sinai Heart. Weight loss patients can receive the best bariatric surgery options with full nutritional and emotional support. And joint replacement patients can get up and moving with the best practices of orthopaedic surgery.

## **Take another look at TBHC! We're right here in Downtown Brooklyn, ready to serve you and your family.**

Visit [www.tbh.org](http://www.tbh.org) to learn more about our wide variety of medical and surgical services, find a community-based Family Health Center near you, and choose a just-right doctor for you and your family members!

**INTERESTED IN JOINING THE TBHC TEAM? Visit our Careers page online at [tbh.org/careers](http://tbh.org/careers)**

**LET'S CONNECT!** There are lots of ways to connect with The Brooklyn Hospital Center on line, whether it be through one of the popular social media sites or our own website. Visit us at:



[tbh.org](http://tbh.org)



[Facebook/brooklynhospitalcenter](https://www.facebook.com/brooklynhospitalcenter)



[@bkhospital](https://twitter.com/bkhospital)



[@bk\\_hospital](https://www.instagram.com/bk_hospital)



The Brooklyn  
Hospital Center

121 DeKalb Avenue  
Brooklyn, NY 11201  
[www.tbh.org](http://www.tbh.org)

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## Inside:

**TBHC earned the best patient safety score in Brooklyn!**

**A young philanthropist gives to TBHC**

**Community outreach update**

**A happy joint replacement story**

# NEW TO THE NEIGHBORHOOD?

Brooklyn is known for its great restaurants, beautiful blocks and friendly neighbors. Moving here also means reconsidering the best and most convenient way to take care of your family's wellness. The Brooklyn Hospital Center can help, providing you with top-notch medical services, right in your own backyard.

**Looking for a primary care physician?  
A good OB/GYN? A great pediatrician?  
A wide range of specialists?**

Call **1.877.TBHC.DOC** to find the right doctors for you.  
Or visit **[www.tbh.org/find-physician](http://www.tbh.org/find-physician)** to request an appointment on line.

**While you're on our web site**, learn more about The Brooklyn Hospital Center, Keeping Brooklyn Healthy for 170 Years and Counting!

