



The Brooklyn Hospital Center

SPRING 2025

Keeping Brooklyn Healthy

New Chief Nurse
Executive



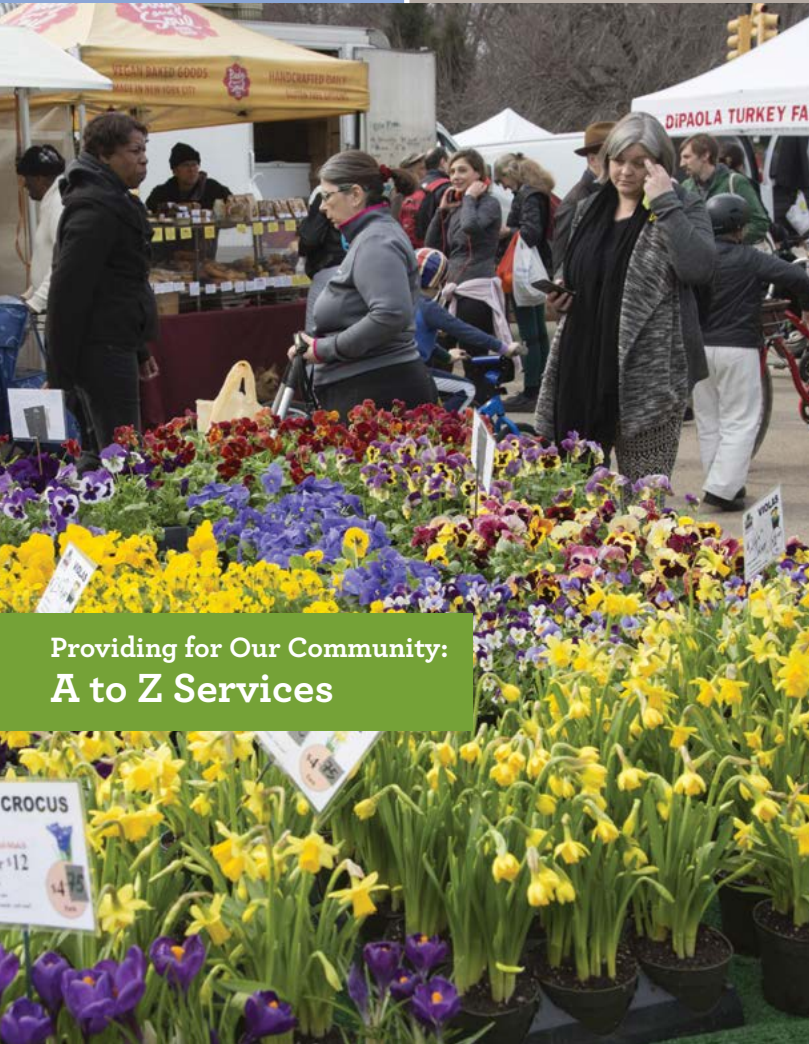
Surgical Oncology
Floor Opens



Out and About in the
Community



Embracing our
“Nickname”



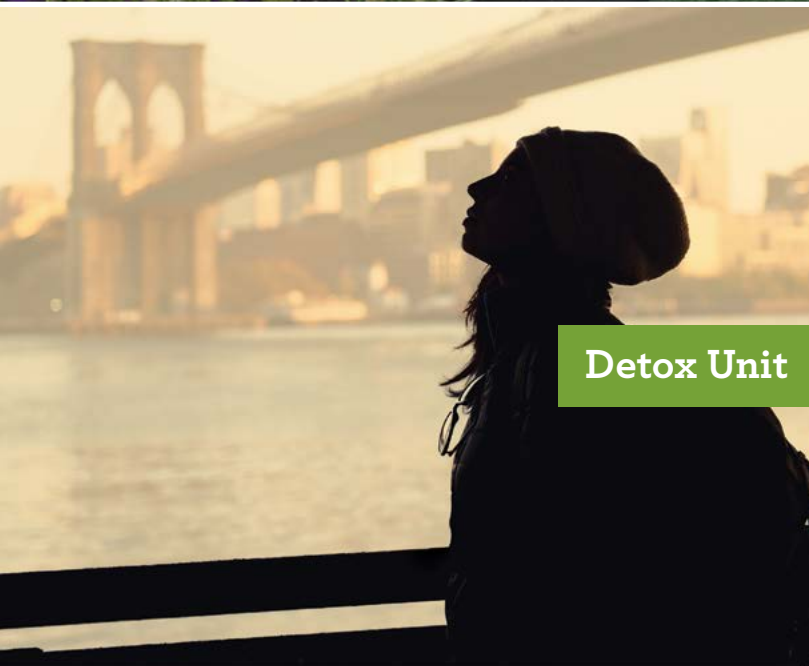
Providing for Our Community:
A to Z Services



General Surgery



Infectious Diseases



Detox Unit



Family & Women's Health



Gary G. Terrinoni

MESSAGE FROM TBHC'S PRESIDENT TBHC Has New Chief Nurse Executive!

I am pleased to announce that Kimberly F. Volpe, DNP, MS, RN, NEA-BC, has been appointed Senior Vice President and Chief Nurse Executive.

Dr. Volpe has been an exceptional nurse leader with more than 20 years of hospital setting experience. She has

extensive leadership skills, proven excellence in process reengineering, and a track record of fostering clinical excellence, comradery and a high retention of talent.



We are delighted to welcome her to the TBHC family!

Dr. Volpe comes to TBHC from Montefiore Medical Center-Wakefield, where she was Senior Director of Nursing, Medicine/Surgery/Maternal Child Health and Nursing Staff Office.

She led nursing practices, operations and provided strategic direction of that 321-bed acute care hospital.

Among her many accomplishments, she oversaw The Joint Commission triennial survey resulting in zero nursing recommendations for improvement.

Prior to that, she served various nursing leadership roles at One Brooklyn Heath, NYU Langone Orthopedic Hospital, and Hackensack Meridian Health. In addition, she was an adjunct professor in the Doctor of Nursing Practice program at New York University Rory Meyers College of Nursing.

Dr. Volpe graduated from Montclair State University with a bachelor's degree in psychology, and from University of Medicine and Dentistry/Ramapo College of New Jersey, with a bachelor's degree in nursing. She completed her master's degree in nursing administration at New York University Rory Meyers College of Nursing and her Doctorate of Nursing Practice at Villanova University in Pennsylvania.

She is an active member of New York Organization for Nursing Leadership and served as Regional Past President for the Greater New York Nassau Suffolk Organization for Nursing Leadership.

Surgical Oncology Unit Opens on 6W

To better serve our patients who are being treated for cancer, TBHC recently opened a dedicated surgical oncology floor on 6W.

While any patient with cancer is welcome, there is a special continuum of care being offered to patients of The Brooklyn Cancer Center, a collaboration of TBHC and New York Cancer & Blood Specialists. For instance, a patient might receive a breast cancer diagnosis from her mammogram at TBHC, be referred to The Brooklyn Cancer Center (located at 86 Fleet Place, near the corner of Prince and Myrtle) for chemotherapy, and then back to TBHC for surgery to remove the reduced tumor. During that surgery, a cancer patient will have the comfort of knowing they are being treated in an area specifically designated for such cases with staff who are specially trained to take the very best care of them, just a few blocks away from the Cancer Center.



On March 26, a ribbon-cutting ceremony was held. Shown here are Cancer Center and TBHC staff along with (center, starting third from the left): Jeff Varecha, MD, CEO, New York Cancer & Blood Specialists, and Gary Terrinoni, TBHC President & CEO.

For more information about The Brooklyn Cancer Center, please visit: brooklyncancer.com

Out and About in the Community

Our Community Affairs Department runs an active health fair and speakers' bureau service. We can send TBHC staff to give lectures to your group, do screenings such as for blood pressure, or provide other health education and information. If you would like TBHC to participate in your community event, please visit tbh.org/CommunityAffairs.

Gary G. Terrinoni, CEO and President, joined Rep. Nydia Velázquez and various community leaders and Medicaid beneficiaries for a **"Stop the Cuts Rally"** in front of our Emergency Room on March 18. TBHC is concerned, along with Rep Velázquez (shown here), that the federal government's proposed Medicaid cuts would severely compromise the health of our communities.



Earlier in the year, **TBHC visited Masjid at-Taqwa for their annual health fair.** TBHC conducted about 100 dental, blood pressure and podiatry screenings.



On March 28, we announced a partnership with the Colon Cancer Coalition, facilitated through a generous grant from the Coalition to bolster colorectal cancer screening and prevention efforts in the community. On that day, our gastroenterologists staffed a table on the driveway with a blow-up colon and plenty of educational materials. The grant empowers the division to deepen their outreach, enhance patient engagement, and improve access to life-saving colonoscopy screenings.



Dr. Don Kim, Family Medicine-Geriatrics, **spoke to the Time Plaza Neighborhood Senior Center** earlier in the year regarding early signs of dementia.



In March, **TBHC participated in a health fair at Medgar Evers College** where we did blood pressure screenings.

SPECIALTIES FROM A TO Z

Taking a closer look at some of our services, and some

We have more than 50 surgical, medical and other specialties and subspecialties at TBHC, an impressive the new Family & Women's Health Center, General Surgery, and Infectious Diseases. We want you to know

DETOX UNIT: A safe and private way to address withdrawal



For those who are struggling to break addictions and take the first step toward long-term rehabilitation, TBHC provides a 3- to 7-day, hospital-based medical detoxification on our Detox Unit.

“When someone has developed significant dependence to one or more substances, an abrupt reduction or stopping of their use can lead to a range of challenging mental and physical symptoms,” say Linus Yoe, MD, Chief, Detox (shown above). “Medical detoxification serves as a safe and private way to address the withdrawal process where a patient is provided comfort care, medications and support.”

The care during this short but critical period is highly personalized because no two addictions are exactly alike. Patients may be dependent on any number of substances or a cocktail of substances.

Patients are accepted from throughout the New York metropolitan area. Most insurance plans are accepted.

- Our certified counselors and medical staff provide comprehensive bio-psychosocial and medical treatment to chemically dependent individuals.
- Registered nurses will supervise care 24 hours a day.

Discreet, private and customized care is offered via:

- Quiet, semi-private rooms with amenities. The wing is located away from other units on its own floor.
- A variety of counseling and education programs for patients, and individual and group therapy.

For more information or to make an appointment, visit tbh.org/Detox.

FAMILY & WOMEN'S HEALTH: New center opens in Fulton Mall

TBHC delivers excellent family and women's health care, now in a brand-new Family & Women's Health Center, located at 523 Fulton Street in Downtown Brooklyn/ Fulton Mall. The entrance is on 255 Duffield Street, just past the Hoyt Street subway station, and between Planet Fitness and Spectrum.

As of March, three practices:

- Family Medicine Center
- Women's Health Center
- Perinatal Diagnostics Center (sonography)

were relocated from the main hospital to this location.

“At TBHC we use the family practice model – care for all ages, from infants to adults,” says Sherly Abraham, MD, Chair of Family Medicine (shown on cover). Comprehensive family medicine care includes physical exams, immunizations, health screenings, care for chronic conditions like diabetes, among other offerings, as well as easy referrals to specialties.

Women's health care includes a full range of comprehensive obstetrical care, whether you're having or planning to have a baby. Gynecological care includes diagnosing and treating cancer, fibroids, endometriosis, polycystic ovary syndrome (PCOS), sexually transmitted diseases, urogynecologic care, menstrual disorders, and challenges of menopause, among other conditions.

Finally, a perinatal diagnostic center, also located here in this new facility, offers the very best in maternal-fetal medicine and sonography.

For more information or to make an appointment, visit tbh.org/FamilyMedicine or tbh.org/OBGYN.



of the excellent providers behind them!

roster from A to Z (well, really W for Wound Care!). In this issue, we take a closer look at Detox Unit, how the depth of expertise available and the terrific providers who deliver that care.

GENERAL SURGERY: Treatment of hernias, gallbladder and more



While TBHC has divisions of surgical specialty (vascular, bariatric, spine and more), we also have a division of General Surgery. “Our division could also be called the Division of Alimentary and Abdominal Surgery,” says Luca Milone, MD, Chief of General Surgery and Co-Director of Robotic Surgery (shown above). “We operate on organs in the mid-range of your body – the esophagus, stomach, gallbladder and appendix, among others. We also repair hernias of all kinds.”

What used to be traditional open surgeries are done with minimally invasive techniques with the surgeon making one or more small incisions, which allow very thin tubes to be inserted. The tubes let the doctor slip in tiny video cameras and surgical tools to perform the procedure, using advanced imaging on screens to “see” the surgical site. This means you can have a “big” surgery, but with very small incisions, faster recovery time and reduced surgical complications.

Robotic surgery is a highly advanced kind of minimally invasive surgery. Our state-of-the-art robot can mimic a surgeon’s hand, which gives a surgeon a full range of motion, while also simplifying complex procedures for both the physician and patient. Our robot provides an immersive, magnified view, virtually extending the eyes and hands of the surgeon into the patient. Robotic surgery is used widely in general surgery though it is also used in urologic, gynecologic and bariatric surgery, too.

For more information, visit tbh.org/GeneralSurgery.

INFECTIOUS DISEASE: Treating and preventing transmittable diseases

TBHC has an active Infectious Diseases service. Our attending physicians provide consultative services for inpatients with a variety of infectious diseases in all our ambulatory care locations, including at the Physicians Pavilion on 86 Saint Felix Street.

Ongoing outpatient care for patients with HIV/AIDS is provided by TBHC’s PATH Center located at the hospital main campus in Fort Green. The PATH Center is a New York State Designated AIDS Center and is recognized as a Center of Excellence by the New York State AIDS Institute.

PATH opened in 1997. Over the years, under the leadership of Leonard Berkowitz, MD, Chief of Infectious Diseases (shown below), remarkable advancements have been witnessed.

“HIV/AIDS has transitioned from a typically fatal diagnosis to a manageable condition,” says Dr. Berkowitz. Breakthrough medications empower patients to lead fulfilling lives and avoid transmissions. This incredible shift enables the PATH team to devote extra resources to caring for patients who are living longer with HIV/AIDS, as well as toward preventing HIV infection in young people. Much of the work with young people centers on getting at-risk people to take PrEP (pre-exposure prophylactic treatment), now available in injectable form.

For more information on infectious diseases, visit tbh.org/InfectiousDiseases. For more information on PrEP and any other HIV/AIDS care, visit tbh.org/PATH.





The Brooklyn
Hospital Center

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Inside:

New Chief Nurse Executive

**A closer look at Detox Unit, the new Family & Women's
Health Center, General Surgery, Infectious Diseases**

TBHC in the Community



tbh.org



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[The Brooklyn Hospital Center](https://www.linkedin.com/company/the-brooklyn-hospital-center)



TBHC: Our Beloved “Nickname”

Many of us, both inside the hospital and outside in our community, use the acronym “TBHC.” It’s handy and a whole lot easier than saying the full and official name: “The Brooklyn Hospital Center,” or even simply “Brooklyn Hospital.”

It’s not a big deal....or is it? A friend once hopped into a cab to visit us and he said, “Take me to Brooklyn Hospital.” The driver asked, “Which one?” This kind of response shows how our name can sometimes cause confusion.

We are proud of the long history associated with our name (we are 180 years old and counting!) but in an effort to separate ourselves from the several other Brooklyn hospitals, we are starting to favor TBHC over the full name. New street banners and driveway banners mark this change, and you’ll notice when we post on social media, we tend to use TBHC more often now than the full name.

So don’t feel like you’re cutting corners when you say “TBHC.” Think of it as a nickname, a legitimate and easy way to distinguish us, our quality care and convenient location. It’s our unique way to say TBHC is MY hospital. We hope it becomes your way, too.